# SENIOR RESOURCE FAIR



### **Alzheimer's Association**

http://www.alz.org 800-272-3900

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

### **American Red Cross Cascades Region**

www.redcross.org/cascades 503-307-9428

In the American Red Cross Cascades Region, which covers the vast area of Oregon and Southwest Washington, approximately 2,600 volunteers provide response, relief and recovery services; save lives through health and safety training; provide assistance to active military members, their families and local veterans; and ensure we maintain a safe and stable blood supply for patients in need.

# Area Agency on Aging & Disabilities of Southwest Washington

http://www.helpingelders.org 888-637-6060 iaclark@dshs.wa.gov

As we age, we may need support to continue to live at home. AAADSW connects seniors, adults with disabilities and family caregivers to information and services that can help.

#### **Boys and Girls Club**

www.mybgc.org 360-448-7089

The Boys & Girls Clubs of Southwest Washington seeks to provide a positive environment, quality programs, and lifelong learning skills for all school age youth in Vancouver and its surrounding areas, with special concern for those coming from disadvantaged circumstances. Instead of walking the streets or being home alone, youth come to the Club where trained professionals provide: a safe environment for kids to have fun and be themselves; constructive programs that channel youthful energy into challenging pursuits; and supportive relationships that help build young people's self-esteem.

# Catholic Community Services of SW Washington; Volunteer Services

https://ccsww.org/volunteer-services-volunteer-clark-county/ 360-213-2403

CCS is committed to serving those individuals, children, families and communities struggling with poverty and the effects of intolerance and racism, and to actively joining with others to work for justice. CCS/CHS serves people in need, regardless of religious affiliation, race or economic status.

Helping another person brings a wonderful feeling of joy and satisfaction. At Catholic Community Services, volunteers help elderly and disabled persons remain living independently in their own homes.

# **Clark College Mature Learning**

www.ecd.clark.edu 360-992-2939

Mature Learning is for adults of any age! Forget tests, required readings, and grades—come and join a relaxed, open, and welcoming atmosphere where subjects like art history, World War II, conscious aging, art, or Tai Chi are subject matter for lecture, discussion, critical thinking, or guided practice. Highly qualified and motivated instructors lead these classes, which are offered at convenient times and an affordable cost.

### **Clark Regional Wastewater District**

www.crwwd.com 360-750-5876

Clark Regional Wastewater District was founded in 1958 and has become one of the largest sewer districts in the state of Washington. We provide reliable, affordable sewer service to more than 100,000 people in Hazel Dell, Felida, Pleasant Valley, Lake Shore, Salmon Creek, Orchards, Brush Prairie, Meadow Glade, Hockinson, Fairgrounds and Ridgefield.

#### **Clark County CASA**

www.casaclarkcounty.org 360-906-9142

Appointed by the court, CASA volunteers advocate for the best interest of children who have come into the dependency system as a result of abuse, neglect, or abandonment. Information and recommendations provided by the CASA volunteer assist the court in making crucial decisions about the child's immediate needs and long-term permanency. Volunteers are asked to commit to at least 2 years with the program so they can provide consistency for the child and stay with the case until the child is with returned safely to their parents or placed in a safe, permanent home. For many children, their CASA volunteer will be the one constant adult presence in their lives.

# **Clark County Veterans Assistance Center**

www.ccvac.net 360-693-7030

The Clark County Veterans Assistance Center's mission is to provide a welcoming and safe environment to all Veterans. We assist Veterans and their families in obtaining benefits, services, and resources to meet their basic needs, and to support the reintegration of Veterans into the community.

Our Services: We assist with financial aid through the Veterans Assistance Fund. We assist with clothing, food & hygiene items. We assist with VA Claims and benefits. We assist with outdoor equipment: backpacks, sleeping bags, warm weather clothing for the homeless Veterans in the community. We assist in employment, housing, medical and dental search, and more

### **Clark County Volunteer Lawyers Program**

https://ccvlp.org 360-695-5313

Clark County Volunteer Lawyers Program (CCVLP) provides civil legal aid to low income members of our community. We assist with Family Law, Landlord/Tenant, Bankruptcy/Debt Defense, Domestic Violence, Dependency, Early Parenthood, Elder Law, Homeless Court/Financial Forgiveness, Homelessness, Immigration, General Law, Guardianship, Special Education, among others, as well as regular off-site community events.

# Congresswoman Jaime Herrera Beutler's Office

www.jhb.house.gov (360) 695-6292

One of the most important things I do as a U.S. Representative is assist the people of Southwest Washington when they have questions about or need assistance with a federal agency. Navigating the various federal agencies can seem like a maze, and my staff is here to help. We can't guarantee a specific outcome, but we can work to find solutions, help cut through the red tape and get answers to your questions.

#### **Evergreen Habitat for Humanity**

www.ehfh.org 360-737-1759

Evergreen Habitat for Humanity believes in a world where everyone has a decent place to live. Our mission is to bring people together to build homes, communities, and hope. We do this by bringing volunteers and families in need together to build, renovate, and repair homes. Habitat homeowners build their own home alongside volunteers and pay an affordable mortgage. With Habitat's help, families achieve the strength, stability, and independence they need of build a better life for themselves.

# **Goodwill Job Connection**

https://Goodwilljobconnection.org 360-573-6278

Job Connection is a free employment search program that develops a personalized job strategy based on individual strengths and goals. Working as partners with our clients, we strive to help them find the right job fast. Services include computer access, resume and cover letter assistance, employment leads, and interview practice.

### **HOPE Dementia Services**

www.HOPEdementiasupport.org 360-513-5754

We provide weekly dementia support groups in 7 locations in Vancouver and 2 in Portland. Our mission is to provide Support, Education and Advocacy to individuals caring for people with all types of dementia.

# **Human Services Council**

360-258-2103

The Human Services Council provides people with access to services, transportation and volunteer opportunities to impact their lives and strengthen our Southwest Washington community.

### **IRS Taxpayer Advocate**

www.Taxpayeradvocate.irs.gov

The Taxpayer Advocate Service is your voice at the IRS. TAS is an independent organization within the IRS. TAS is here to protect your rights as a taxpayer, and help you with tax problems you can't resolve on your own.

#### **Meals on Wheels People**

https://www.mowp.org 503-736-6325

Meals on Wheels People change lives, one meal at a time. Our service to seniors not only alleviates hunger and social isolation, but allows seniors to live independently with dignity in their own homes. Aging in place reduces depression, falls and hospitalization as well as the high cost of institutional care.

#### **Non Profit Network**

https://nonprofitnetworkwa.org 360.735.7110

We are here to help nonprofit staff and volunteers learn about running effective organizations including fundraising, board development, and legal compliance. We help individuals connect to causes they care about through board service.

### **Northwest Justice Project**

www.nwjustice.org 888-201-1014

Northwest Justice Project is a legal aid organization. We are attorneys that offer free services to low-income individuals and seniors with a variety of civil legal needs, including public benefits, health law, family law, housing law, consumer issues, education, and other matters. To contact us, call the CLEAR intake number, and you will speak to someone to see if you qualify for our free services.

### **Salvation Army Vancouver**

www.vancouver.salvationarmy.org 360-892-9050

The Salvation Army seeks to meet the needs of people who live in our community. With 129 years of service in Clark County, the Army has earned the trust of the communities we serve and works hard to merit continued support.

# **Statewide Health Insurance Benefits Advisors SHIBA**

(Cowlits, Lewis and Wahkiakum 360-425-3430 ext. 304) (Clark and Skamania 360-947-2479) SHIBA provides free, unbiased information about health care coverage and access to help improve the lives of all Washington state residents. We cultivate community commitment through partnership, service and volunteering.

### **Social Security**

www.socialsecurity.gov 1-800-772-1213

We administer three programs under the Social Security Act: The Old-Age and Survivors Insurance (OASI) program, the Disability Insurance (DI) program, and the Supplemental Security Income (SSI) program. These programs provide vital support to some of the most vulnerable members of our society, including people with disabilities, surviving family members, retirees, and the blind and disabled with limited income and resources.

#### The Messenger

www.VanMessenger.org 360-750-9900

Messenger, published by the City of Vancouver, is Southwest Washington's premiere publication for the active, 50-plus adventurer. Each month, the 40-year-old publication provides up-to-date information from finances, senior travel, health, dining, volunteer opportunities and more!

#### Tilikum

https://www.tilikum.agency 360-334-5351

We serve Deaf, Deaf-Blind, Deaf Plus, Hard of Hearing and Hearing Loss Individuals. We provide services and resources to individuals such as employment, housing, assisted listening device program and many more.

# **USDA Rural Development**

http://www.rd.usda.gov 360-883-1987 ext. 4

USDA offers loans up to \$20,000 at 1% to very low income applicants in eligible rural areas, to repair, improve or modernize their home, or grants up to \$7500 for homeowners 62 and over to remove health and safety hazards. 100% financed loans are offered to purchase a home in eligible rural areas to very low, low income and moderate applicants.

### **VA Portland Health Care System**

www.myhealth.va.gov 360-696-4061 x33307

The VA provides health care to our service men and women. I represent the VA in the capacity of helping our veterans with the registration on the website which provides them with their health care information by providing them access to view/print/download their medical progress notes from Jan 1, 2013-present.

I also providing a secure way to communicate with their VA providers through secure messaging. And much, much more.

#### **Vancouver Clinic**

www.tvc.org 360-882-2778

Vancouver Clinic has served the community of Southwest Washington since 1936, and is the largest private, multispecialty clinic in Clark County. We offer six locations across Vancouver, Battle Ground and Washougal, and provide 40-plus medical specialties and more than 350 providers. For more information, visit <a href="https://www.tvc.org">www.tvc.org</a>.

# **Vancouver Housing Authority**

www.vhausa.com (360) 694-2501

The VHA provides housing for low-income seniors, as well as Service Coordination in our VHA managed properties. Service Coordinators act as resident advocates and are knowledgeable in entitlements and benefits such as Social Security and Medicare/Medicaid. In addition, they assess individual and community needs and link seniors with transportation, personal care, food assistance and more. Service Coordinators work to assist seniors with the services they need to remain comfortably independent.

#### **Vancouver Parks and Recreation 50+ Programs**

vanparksrec.org

50+ programs with the Vancouver Parks & Recreation department have dedicated spaces at Firstenburg and Marshall/Luepke Community Centers. Each center has a wealth of activities from fitness, aquatics, clubs, hikes and travel. Vancouver seniors will find an experience that's right for them.

### WA Assistive Technology Act Program

http://watap.org 800-211-8731

The Washington Assistive Technology Act Program (WATAP) provides a broad range of assistive technology (AT) services, resources, and expertise to help seniors and all individuals with disabilities and their circle of support at home and in the community. WATAP's services and programs include individualized information and assistance, an extensive lending library of AT, and device demonstration, and in partnership with community non-profit organizations, affordable financing, and reused durable medical equipment, daily living devices, and hearing aids. WATAP can be contacted at 800-214-8731 and <a href="www.watap@uw.edu">watap@uw.edu</a>, or through <a href="http://watap.org">http://watap.org</a>.

# Washington Small Business Development Center (WSBDC)

http://wsbdc.org 360-314-4248

The Washington Small Business Development Center is a partnership with the U.S. Small Business Administration, Washington State University and other Washington Institutions of higher education and economic development organizations. It is funded in part through a cooperative agreement with the U.S. Small Business Administration. All services are extended to the public on a non-discriminatory basis.

# **Young at Heart Senior Theater**

lymmiller@yahoo.com 360-356-4944, alexis@alexisllc.com 360-314-6463

Young at Heart Senior Theater has been performing locally for 15 years. We are 100% volunteer, and warmly welcome new members!

Bring your unique talents: Sing, dance, act, laugh, write, design, sew, draw/paint, create, play an instrument, and make new friends.

Contact us about our Benefit "Variety Show" coming up on Sunday, May 5th at the Barberton Grange. We're full of surprises this year!

#### **211Info**

https://211info.org e-mail help@211info.org or Dial 211

211info supports Southwest Washington and Oregon residents with free, confidential referrals to nonprofit, government and faith-based community resources that address the social determinants of health. Call, text or email our community information specialists, or search our resource database at 211info.org or the 211info mobile app.